

Congratulations on starting a Life Group! It's helpful to have your plan written out as you provide opportunities for people to connect with God and others.



The questions below are based on our 4Es Discipleship framework: Engage, Establish, Equip, Empower. This model is meant to give elements that happen at various times or simultaneously on a journey of growing as a disciple.

Through prayer and reflection we hope answering the questions below helps with envisioning your Life Group.

**Who can attend my Life Group?**  
(age, gender, etc.)

**What will it look like to invite people to my Life Group?**  
(invite people who come to church services and outreaches, invite those at your workplace and hangout spots, invite through social media, etc.)

**What activities or resources will we use to establish biblical foundations?**  
(Purple book, sermon notes, biblical topical studies, studying books of the Bible, prayer sessions, etc.)

**What will it look like for us to be intentional in living out and sharing the gospel?**

(allot time to discuss practical application of the biblical content presented, discuss and pray about potential opportunities to point others to Jesus in our sphere of influence, participate in outreaches, etc.)

**How can I encourage others to seek ways to grow in their capacity to lead?**

(let others lead discussions, delegate administrative responsibilities to others, encourage Life Group members to start a new Life Group, train another to co-lead with you and eventually start their own group, etc. )