



Make1

A disciple is a follower of Jesus. Discipleship is helping someone follow Jesus.

The word "disciple" in the Bible refers to a committed follower of Jesus. In the Greco-Roman world disciples actively imitated the life and teaching of their master. "It was a deliberate apprenticeship which made the fully formed disciple a living copy of the master." (*Wikipedia*, "Disciple (Christianity)," April 20, 2019, 12:54pm)

Why Should Every Christian Make Disciples?

1. Because every person is valuable to God.

- *"For God so loved the world, that he gave his only Son that whoever believes in him should not perish, but have eternal life" (Jn 3:16, ESV).*

2. Because discipleship is God's command.

- *"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you" (Mt 28:19-20, ESV).*

3. Because Jesus has all authority.

- *And Jesus came and said to them, "All authority in heaven and on earth has been given to me. "Go therefore and make disciples..." (Mt 28:18, ESV).*

4. Because every believer is called to be a minister.

- *And he gave the apostles, the prophets, the evangelists, the shepherds and teachers to equip the saints for the work of ministry, for building up the body of Christ. (Eph 4:11-12, ESV).*

How Do You Make a Disciple?

Our discipleship strategy is **The 4 E's**: Engage, Establish, Equip, Empower.

1. **ENGAGE.** Engaging the lost with the Gospel is covered in *Win1*.
2. **ESTABLISH.** *Biblical Foundations*, which is the first half of our *Connect Class*, covers some of the most basic, critical biblical teachings needed to establish a believer in the faith.

Here are some practical guidelines to establish believers in the faith:

- **Establish Jesus as the foundation of their faith.**
 - Ensure that they understand the Gospel.
 - Ask if they have repented and put their faith in Christ alone for salvation. If not, talk them about doing so.
 - Ask if they are following Jesus as Lord. Ask if they are willing to obey the clear teaching of Scripture. If not, challenge them to do so.
 - Ask if they have been water baptized *after* repenting and believing. If not, explain water baptism to them.
 - Ask if they have been baptized in the Holy Spirit. Ask if they received the ability to pray in tongues. If not, talk them about receiving the Holy Spirit.
 - A great way to do this is by using the *One 2 One* booklet (or app) and the first four chapters of the *Purple Book*.

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| <ul style="list-style-type: none">▪ Take time now to download the <i>One 2 One</i> app and explore its contents. Then practice using it with another student in class. |
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- **Establish basic spiritual disciplines in their lives.**
 - Teach them to read God's Word daily (Mt 4:4).

- Ensure they have a good Bible translation (such as ESV or NIV).
 - Show them how to use the *Purple Book* and encourage them to use it daily until completed.
 - Testify to the many benefits that come from reading Scripture.
 - Teach them to pray daily (Mt 6:9-13).
 - Pray with them, asking them to also pray for you. Model prayer to them and explain its value.
 - Teach them to fellowship regularly (Heb 10:24-25).
 - Invite them to join you in a Life Group. Don't just meet one-on-one with them. Connect them with other believers.
 - Teach them to be committed to the church (Eph 5:25).
 - Bring them to church services at first. Encourage them to establish attendance as a new habit. Tell them about how you benefit from participating.
 - Invite them and go with them to the *Connect Class (Biblical Foundations and Spiritual Family)*.
 - Teach them to share their faith with others (Mk 16:16).
 - Teach them what you learned in *Win1*.
 - Encourage them to talk naturally with their friends, family, and others about their faith. Tell them about your own conversations about your faith.
- 3. EQUIP.** Equipping believers involves training them to become competent in making disciples and ministering to others.

- **Why Equip Believers?**

- Every disciple is called to be a disciple-maker. Therefore, it is important to equip believers, so they can help others follow Jesus. The goal is disciple-making disciples.

- Equipping believers to minister is essential to the disciple making process. Disciples will not mature as they should until they start ministering to others (Eph 4:11-16).

- **How to Equip Believers**

- Equip people as you establish them in the faith. The sooner you can equip someone, the better.
- Equip them by modeling ministry for them. Have them with you when you are ministering to someone else.
- Teach them to use some basic ministry tools, such as the *One 2 One* booklet, the *Purple Book*, and the *God Test*.
- Teach them to share the Gospel with others by using the SALT method, the 2 Minute Miracle, and the *God Test*.
- Invite them to go through Bethel's Equip classes, such as Be1 Discipleship Training or Bethel School of Discipleship.

4. EMPOWER. Jesus has already commanded everyone of his followers to make disciples. We are to empower them to do so.

- **Empowered to Make Disciples**

- We empower disciples to engage the lost by effectively communicating the Gospel to them.
- We empower disciples to establish believers by laying Biblical foundations in their lives, so that Jesus is the foundation of their faith and they practice basic spiritual disciplines.
- We empower disciples to equip believers to competently make disciples and minister to others.

- **How to Empower Others**

- Create opportunities for them. Encourage them to do such things as:
 - Share the Gospel using the *God Test*.
 - Pray with others for their needs.
 - Minister to others in a Life Group.
 - Participate in a local outreach.

- Join a Ministry Team.
 - Help start a Life Group.
 - Help in the Connect Class.
 - Serve on the Altar Ministry Team.
 - Go on a Ten Days mission trip.
- Empower believers as quickly as possible.
 - Do not wait until they are “fully equipped” to give them ministry responsibilities. Equipping should happen before, during, and after empowering.
 - Follow Jesus’ model of empowerment (cf. the Gospels).
 - I minister and you watch.
 - We do ministry together.
 - You minister and I give feedback.
 - You minister and reproduce yourself.
 - Don't be afraid to empower people.
 - Fear of the mistakes a new or recently activated believer might make can stifle the entire disciple-making process.
 - By following Jesus' model of empowerment, we can minimize risk even while we give people opportunities to minister as soon as possible.
 - Teach them to seek and depend on the Holy Spirit (Ac 1:8).
 - Our ability to effectively engage the lost and make disciples is dependent on the Holy Spirit's help.

Practical Exercise to Help You Make Disciples

Engaging the lost and making disciples requires deliberate forethought and planning, as well as prayer.

Use the next two pages to think about who you can minister to and when it would work in your schedule. Also, think about what action step you can take at church to get more involved in ministering to people.

Action Steps

Who is in my life now and what is their “next step” (4 E’s)?

Person's Name

Next Step

When could I meet with them? (See the Time Sheet on the next page.)

Potential Day & Time

Person's Name

What could I do at church to get more involved in ministering to people?

Examples include:

- Minister to others in a Life Group.
- Help start a Life Group.
- Get involved in a ministry area (Men, Women, Singles, College, Youth, Children)
- Join a Ministry Team.
- Help in the Connect Class.
- Serve on the Altar Ministry Team.
- Participate in a local outreach.
- Go on a Ten Days mission trip.

My action step

Who I Need to Contact

Time Sheet

Identify when you are busy, and when you could possibly meet with people for the purpose of engaging the lost and/or making disciples, such as lunch breaks, evenings, or weekends.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6 am							
7 am							
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							